

Determining supplement quality:

Questions to ask manufacturers

Consider the following questions when sourcing supplements from manufacturers.

1

Do you test all raw materials? Which tests? How frequently?

2

Do you test finished products?

3

Do you test every batch or do skip-lot testing?
How is the frequency determined?

4

Do you furnish copies of lot tests for specific lot numbers?

5

Do you conduct research on your full products?

6

For herbs, how are they sourced?

7

What test methods do you use?

8

Do you use a third-party lab or an in-house lab?

9

Can you provide a Certificate of Analysis (CoA)?

10

How do you ensure stability? How long do you monitor for?