

CLINICAL RESEARCH STUDY

Fullscript drives patient engagement and positive health outcomes

Fullscript recently partnered with the **Texas Center for Lifestyle Medicine**, a multidisciplinary health center, and Chris D'Adamo from the **University of Maryland School of Medicine**, to study differences in practice engagement and impact on health outcomes for patients who use Fullscript. Researchers conducted a retrospective chart review of patient visit and lab data from July 2021 to January 2024, extracted from **eClinicalWorks EHR** and matched to Fullscript prescribing and ordering data.

- **672** patients studied
- **90%+** with a Fullscript Rx
- **77%** female
- **45.4** average age
- **3.93** more visits with a Fullscript Rx
- **3.56** more visits with a Fullscript order

The Fullscript platform

- Fullscript is the leading healthcare platform for personalized and effective care delivery with the highest quality supplements.
- Seamless technology helps drive unparalleled efficiency, clinical decision support, patient engagement, and real health outcomes.

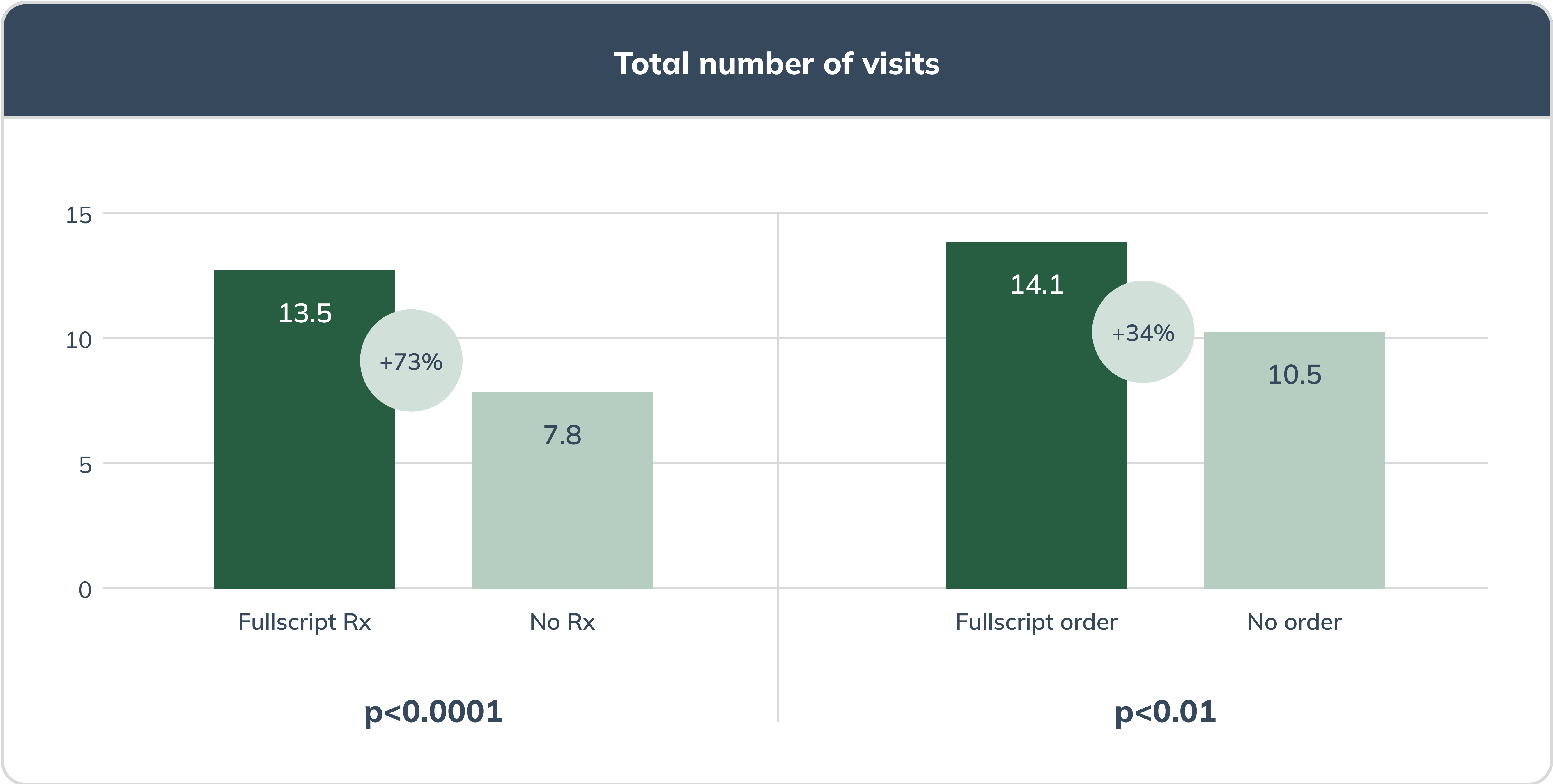
100K
providers

10M+
unique patients

97%
customer satisfaction

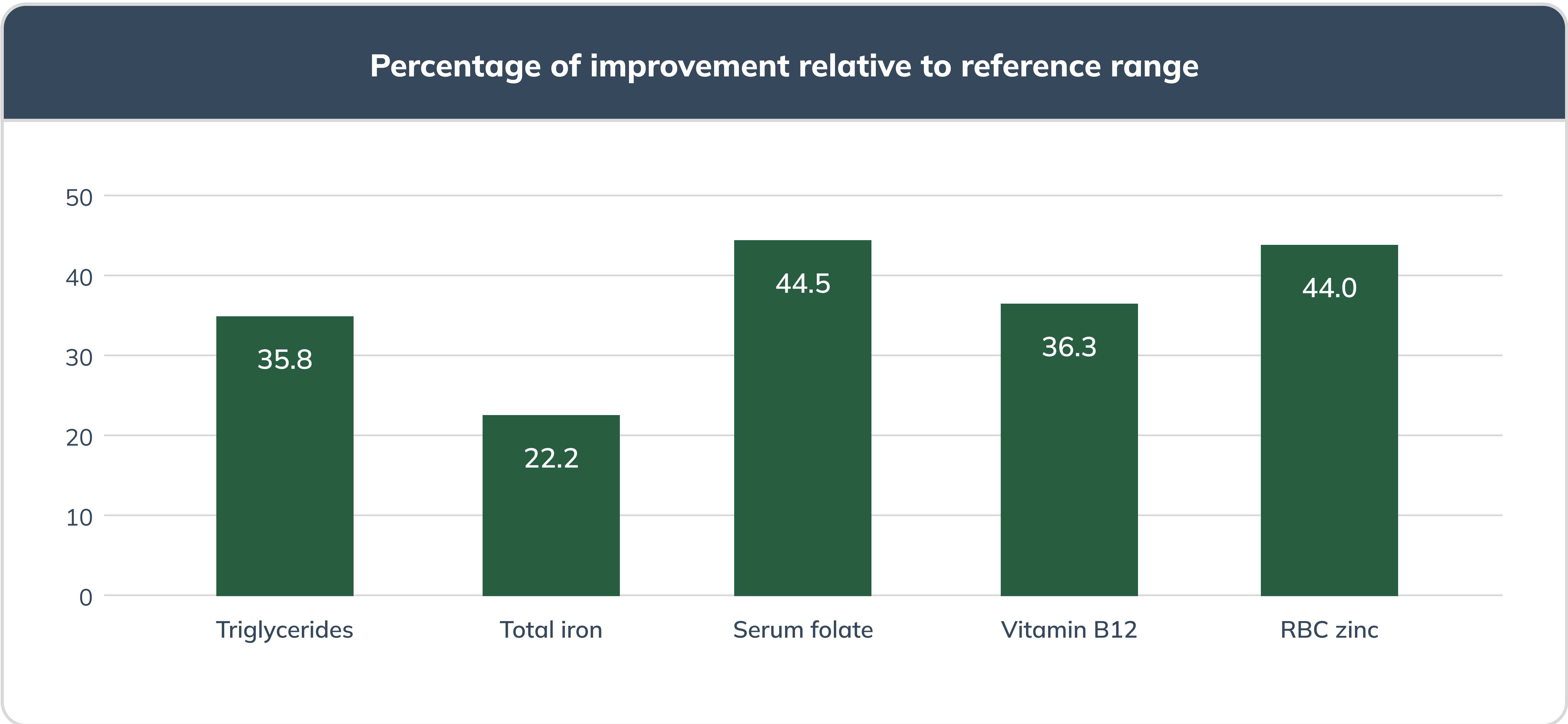
Stronger patient engagement

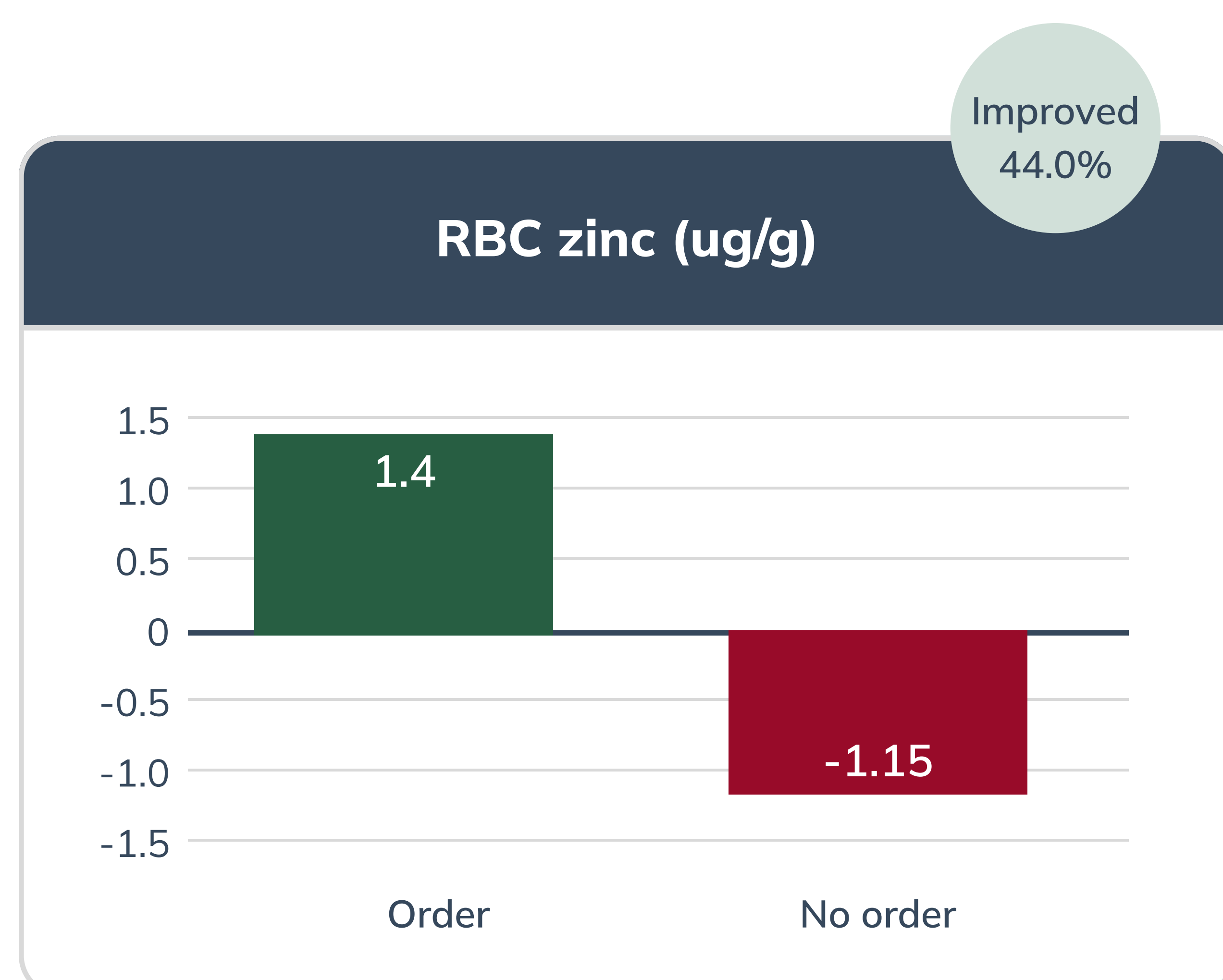
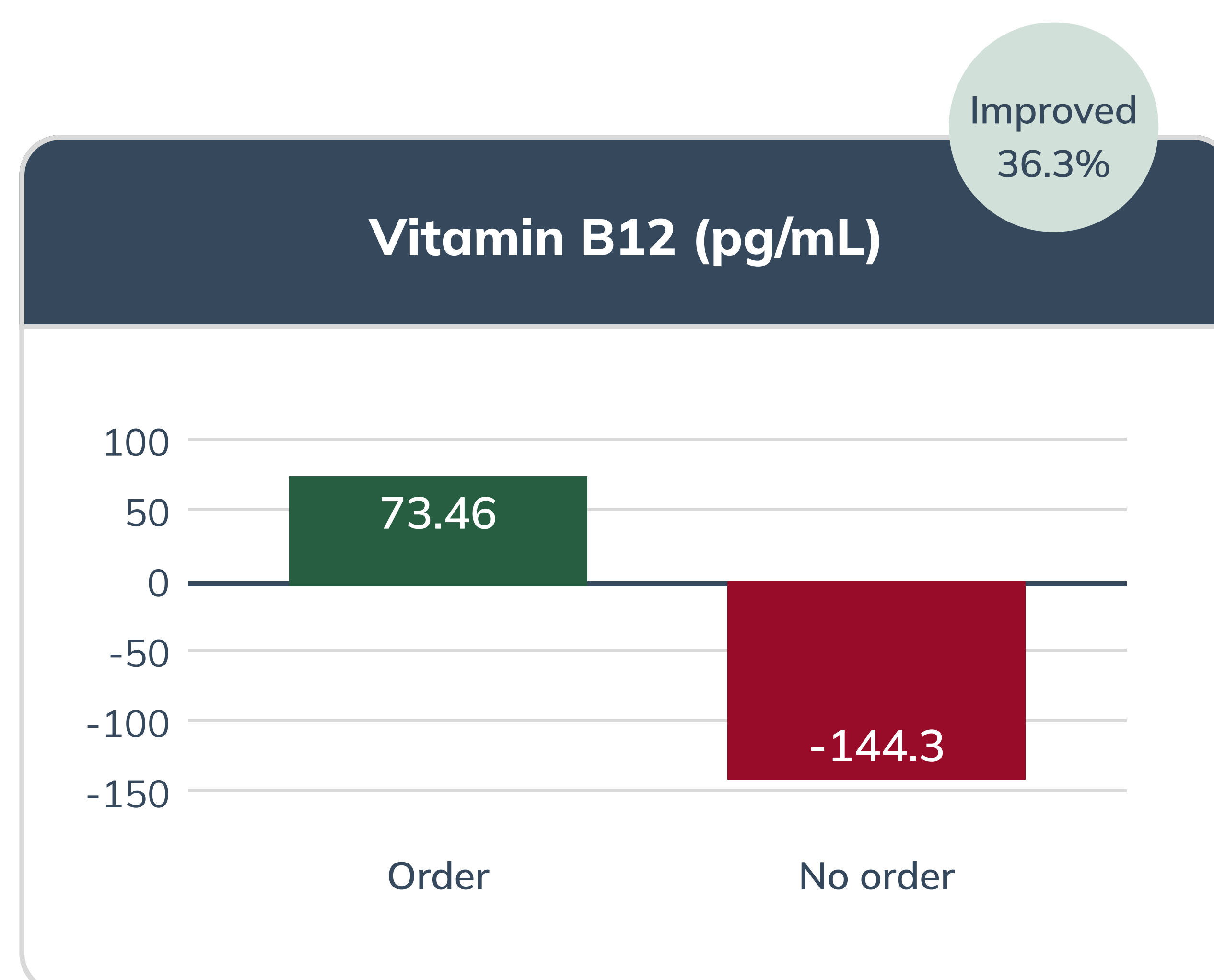
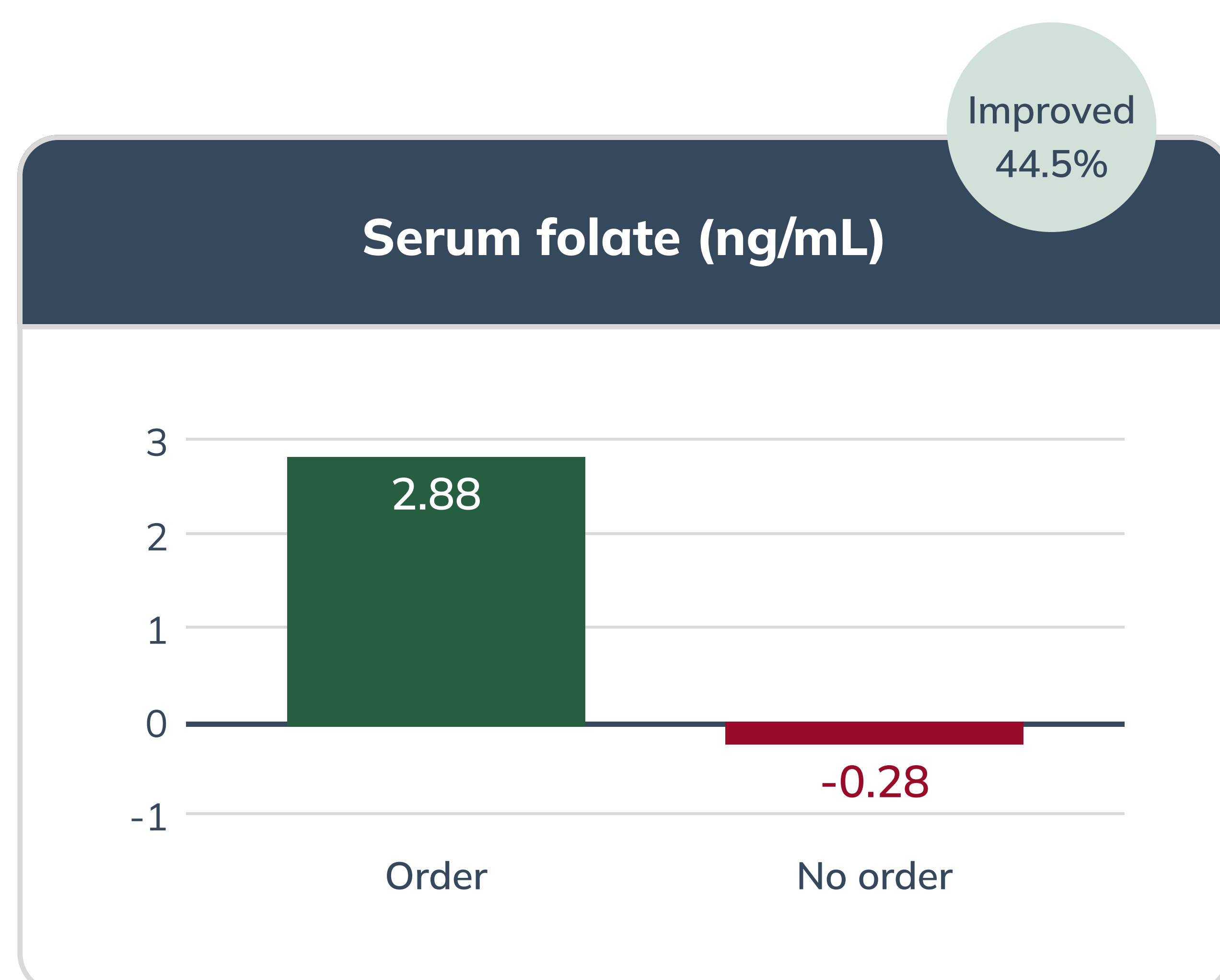
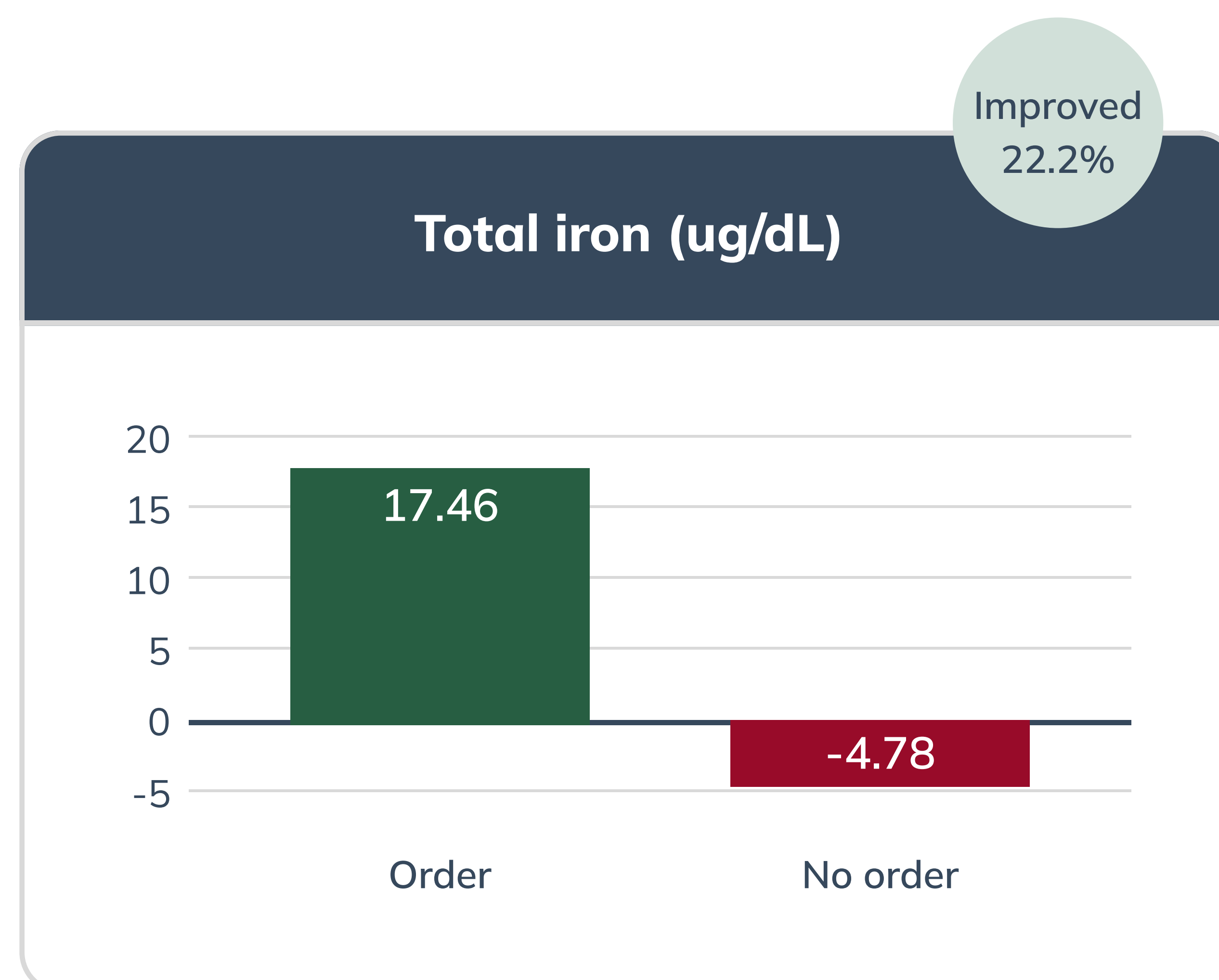
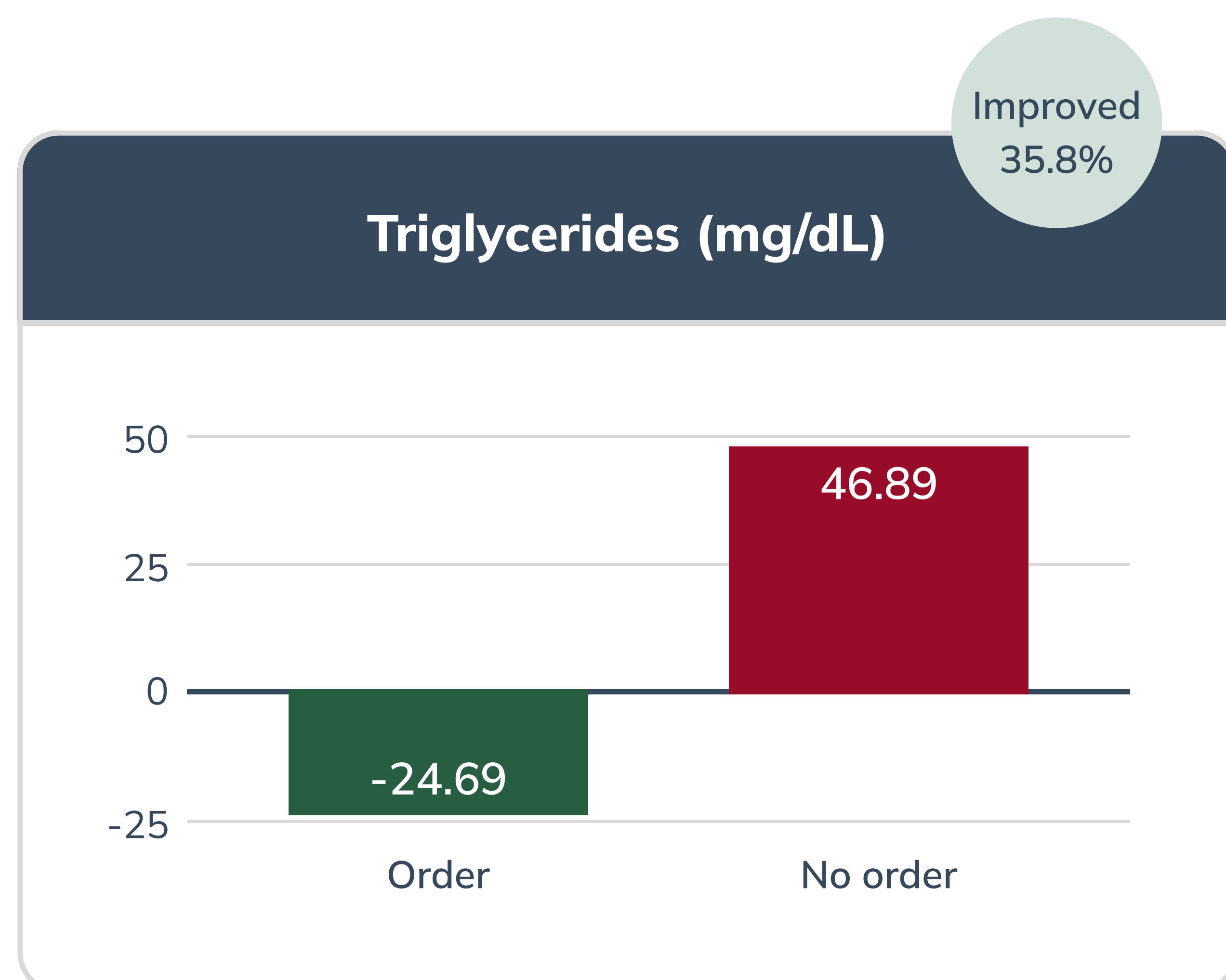
Patients who received a Fullscript treatment plan (Rx) or placed an order had **higher engagement with the practice**, compared to those who did not use Fullscript.



Better health outcomes

Patients who placed a Fullscript order experienced **greater improvements in lab markers** of triglycerides, iron, folate, vitamin B12, and zinc—a clinically meaningful change in lab values of **22–45% within the reference range**.





“These results suggest that the Fullscript platform is associated with improved practice engagement and superior patient outcomes.”

-Christopher R. D'Adamo, PhD,
University of Maryland

*Only statistically significant findings ($p < 0.05$) are shown. Reference ranges as per American Board of Internal Medicine.

