

# EWG's clean fifteen & dirty dozen

Buying organic produce can help decrease your exposure to herbicides and pesticides. Consulting the 2020 Clean Fifteen and Dirty Dozen lists can help you make healthier choices when choosing your produce. This list, released annually by the Environmental Working Group (EWG), identifies fruits and vegetables with the highest and lowest pesticide residue.



✂ Cut me out and keep me in your wallet!